



ATTESTATION REQUIREMENTS AND RULES OF ATTESTATION CONDUCTING FOR THE JEET KUNE DO KIM SPORT WRESTLING

CATEGORIES IN JEET KUNE DO KIM

Each stage/level in Jeet Kune Do Kim is called - Kip (these are color belts of disciples) and Dan (masters' black belts) are knowledge rate of a wrestler in that kind of single combat, to which he/she is devoted.

Way to the Master level in Jeet Kune Do Kim is divided into 2 parts:

- 1) preparatory part
- 2) part of knowledge getting, each of them is also divided into 10 levels.

a) Preparatory stage of knowledge - category (Kip)

The preparatory 'stage includes a preparation of body and mind to loads and psychological tests, accepted in Jeet Kune Do Kim. It continues from 1 to 10 years dependence on diligence of disciples and consists of spiritual discussions with a teacher, physical load, mental correction of his/her behaviour in the mod of life, studying of . wrestling techniques, and suppression in his/herself of following characteristics, such as lie, laziness, cunning, search for mercenary private benefit, and also development of decent behaviour, devotion to motherland and school, respect of elder persons as under the age so a level of stage.

DEGREES IN JEET KUNE DO KIM

In Jeet Kune Do Kim Degrees marks success and at the same time they are a kind of compensation for made work, in purpose to encourage debuted person. This is an official acceptance of technical and spiritual level, about which a true wrestler should less care. A degree means acknowledgement of the certain level reached by zealous lessons. High degrees are more like landmarks to possession of the spiritual knowledge. A wrestler builds a base of his techniques till the 1st Dan. Until the 2nd Dan he adds his techniques. For the 3rd Dan a wrestler should know all basic techniques related to the Jeet Kune Do Kim School. Until the 4th Dan a wrestler makes techniques precise and improves his own style. When he/she has 15 years of lessons, so he may work on the Supreme perfection, as at this moment a possession of techniques means a union of body and spirit. And this is the true goal of the Jeet Kune Do Kim wrestling skill.



TESTING

There are 2 category of title and degree:

- 1) Testing on degree from 1 to 3 Dan of the black belt is conducted by the Council, which consists of 3 or 7 members of the State association or federation. A degree from 4 to 8 Dan of the black belt is conducted by the International Association of Jeet Kune Do Kim. The 9th Dan is adjudged by the International association, which is a founder of this style, and also for the 9th degree tests are conducted by the special committee, which consists of 9 members and they possess of the 7-8 Dan of black belt acknowledged by the International Association of Jeet Kune Do Kim.
- 2) Testing on title is conducted in gym hall, where this disciple has classes. Grand master, who has the 9th Dan of the black belt, has a right to confer upon from the 1st to 8th Dan of the black belt exclusively. Usually a qualified instructor may conduct a test starting from the 1st part of his own degree. For example, the 4th degree may test till the 2nd Dan of black belt; the 6th Dan of black belt - till the 3rd Dan of black belt. Instructors from the 1st up to the 3rd Dan of black belt have a right to certify till the 1st category of red-black belt.

Titles' Difference in Jeet Kune Do Kim: Each title is set up regarding to rank:

- from 1st to 3rd Dan of black belt is an instructor's assistant (Pu Sabum)
- from 4th to 6th Dan of black belt is instructor (Sabum - Master)
- from 7th to 8 Dan of black belt is a Master (Cahun - Grand Master)
- 9th Dan black belt is a Grand Master (Sahong)

Technical rates of Jeet Kune Do Kim are almost settled by the 3rd Dan of black • belt. The following Master's degrees are awarded in account of special achievements in Jeet Kune Do Kim and merits before a school.

BELTS

There are 10 belt ranks:

- 1) White belt;
- 1) White-yellow belt;
- 2) Yellow belt;
- 3) Yellow-green belt;
- 4) Green belt;
- 5) Green-blue belt;
- 6) Blue belt;
- 7) Blue-red belt;
- 8) Red belt;
- 9) Red-black belt 1st Dan (Candidate in Master of Sport);
- 10) Black belt 1st Dan (Master of Sport);



Belt's width is 5sm., belt's thickness is 5mm. the width of a color line on the belt's end is also 5 mm. Distance between a line and end of belt is 5 sm. A degree of the black belt is marked by Rome characters on a belt or by lines. A black belt from the 1st to 9th Dan is marked by yellow lines.

MEAN AND COLOR OF BELTS

- 1) White color means that a disciple is at the start of his way (Search of truth);
- 2) Yellow color means Sunrise (to perceive the truth and its being);
- 3) Green color is a color of life (to distinguish the truth, its meaning and direction);
- 4) Blue color means color of sky (understanding of the truth);
- 5) Red color means maturity (practice of the truth);
- 6) Black color is non-repulsed shock (to master the truth);

Belt's color in Jeet Kune Do Kim means a depth of master of Jeet Kune Do Kim techniques, comprehension of the truth of wrestler and life meaning.

INSTRUCTOR'S CLASSIFICATION

Instructors are divided on Local and international ones. Starting from the 1st to 3rd Dan they are Local. International instructors are instructors, who have the 4th Dan and upper and who passed qualification competitions conducted by the International Association of Jeet Kune Do Kim. There is a hierarchy of trainings in Jeet Kune Do Kim, according to which instructors with the 1st to 3rd Dan train all disciples, who have color belts of disciples. A senior instructor from the 4th to 6th Dan may train only those persons, who have master's black belt. Masters from the 7th to 9th Dan train only instructors from the 4th to 6th Dan.

Exception is only a program of the special preparation and inspector's trips to Jeet Kune Do Kim schools. In these terms a grand master trains everybody, who is a member of Jeet Kune Do Kim association in the republic.